

WHEREAS; the thyroid is a gland in the human body that is responsible for producing and releasing the hormones triiodothyronine (T3), thyroxine (T4), reverse triiodothyronine (RT3), and calcitonin, which control many of the body’s metabolic activities, such as heart rate and the transformation of food into energy; and

WHEREAS; thyroid disease occurs when the thyroid works improperly, generally resulting in hormonal production being too low or too high, impacting the body’s ability to regulate metabolism; and

WHEREAS; thyroid disease encompasses a number of conditions, including goiter, hyperthyroidism, hypothyroidism, thyroid cancer, thyroid nodules, and thyroiditis, among other conditions; and

WHEREAS; symptoms of thyroid disease vary widely by condition but often include inflammation of the thyroid gland, fatigue, irritability, restlessness, changes in weight, and mood imbalances; and

WHEREAS; according to Cleveland Clinic, more than 20 million Americans have some form of thyroid disorder, and while thyroid disease can affect anyone regardless of gender, race, or age, women—and older women especially—as well as individuals with a family history of thyroid disease, individuals who have been treated for thyroid conditions in the past and individuals taking certain medications are at a higher risk; and

WHEREAS; once diagnosed, thyroid disease is often manageable and can be treated with medication, surgery, or other medical procedures; and

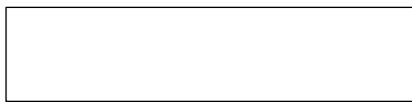
WHEREAS; this month, the state of Wisconsin joins medical professionals across the state in raising awareness of the signs and symptoms of thyroid disease and in encouraging all Wisconsinites to recognize the importance of thyroid health;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim January 2026 as

NATIONAL THYROID AWARENESS MONTH

throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 29th day of December 2025.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State